5th Hands on Workshop on Interventional Endoscopy and Ultrasound

(5TH HoWEU)

16 to 18 November 2017

Organized by:

Endoscopy Training Center (ETC Dhos)

Department of Gastroenterology and Endoscopy, Dhulikhel Hospital, Nepal

In collaboration with:

Gastroenterology Foundation Germany, Munich

"HoWEU" Workshops!"

Background:

The Hands on Workshop on Interventional Endoscopy and Ultrasound (HoWEU) has successfully been accomplished for the 5th consecutive year this time. It is a matter of great pride and satisfaction that the conception of a few members of Gastro-foundation Nepal group (GFN) from Munich Germany seven years ago, of commencing an academic teaching activity in Endoscopy and Gastroenterology in Nepal in the form of workshop has now become a yearly regular event.

The first HoWEU was organized successfully in November 10-12th, 2013 with its theme: "150 years of Endoscopy: Promoting & nurturing quality Endoscopy for all".

The workshop was the first of its kind in Nepal, and was attended by nearly all eminent Gastroenterology practicing physicians and Surgeons in Nepal. Likewise, the participants were overwhelming in number and were very keen in learning skills and new techniques in Endoscopy and Ultrasound.

In spite of many challenges and constraints, such as: Nepal bandha (Strike: Nepal closedown) during the peak of political unrest, or, 2015 major earthquake, or during a notorious food & fuel crisis during 2015 embargo, the HoWEU took place, continued and succeeded – neither organizers nor participants and delegates were deterred!

The HoWEU encompasses talk seminars; hands-on practice on swine; and live demonstration of endoscopic procedures related to many aspects of basic and advanced GI endoscopy & Gastroenterology . In addition, special emphasis has been placed on the training of non-radiological physicians & surgeons in diagnostic and interventional ultrasound techniques & skills. For the last 3 years, a focused and intensive course on Gastro-intestinal pathology has been included especially for Pathology residents and faculties in Nepal. For this new course, Dr. Lothar Veits, consultant GI pathologist from Bayreuth, Germany has committed himself in planning and organizing the workshop.

HoWEU 5TH: Features

The HoWEU 5th was conducted for a total of 3 days. The 1st Day was dedicated to Ultrasound course; 2nd Day hands-on session of Endoscopy and material sciences; and the 3rd Day was topic seminars and live demonstration on Endoscopy.

The participants included: Gastroenterologists (Surgical/Medical), general surgeons & physicians, residents in Gastroenterology, and pathologists (both residents and junior faculties). Although most of the participants represented different hospitals in Kathmandu, there were significant number of participants from medical colleges outside Kathmandu valley.

Special (Poster) introduction: Poster presentation was also introduced this year, for which 5 articles were presented by different doctors from different hospitals in Nepal. All the 5 presenters were selected and awarded with prize money by Gastro-foundation Germany as: 250, 200, 150, 100 & 50 EUROs in order of best articles. We believe that such incentives will motivate the young generation of clinicians in conducting and writing research works in Nepal. This novel initiative was appreciated by all.

All thanks to the Gastro-Foundation!

HoWEU 5th: Faculties

From Gastro -Foundation Germany:

- 1. Dr. Wolfgang Blank
- 2. Dr. Dirk Hagena
- 3. Dr. Roland Ott
- 4. Prof. Dr. Josef Phillip
- 5. Prof. Dr. Rudolf Riepl
- 6. Dr. Wolfgang Scharnke
- 7. Dr. Volker Stagge
- 8. Dr. Lothar Veits

From Olympus Singapore:

- 9. Mr. Joseph Tan
- 10. Mr. Chua Jia Jun

From ERBE Singapore

11. Ms. Thiri Thames

From Nepal:

- 12. Dr. Ram B. Gurung
- 13. Dr. Bibek Purbey
- 14. Dr. Ashish Pun
- 15. Dr. Neeraj Joshi
- 16. Prof. Dr. Mukund Joshi
- 17. Dr. Baishali Bhattacharya

Nurses from Nepal

- 18. Ms. Samira Byanju
- 19. Ms. Sakrina Sainju
- 20. Ms.Sumitra KC
- 21. Ms. Sushma Sapkota
- 22. Ms.Dipshikha Niroula
- 23. Ms. Alisha Bhochhibhoya
- 24. Ms. Asmita Bhattarai
- 25. Ms. Anjila Lama
- 26. Ms.Puja Dhoju

Acknowledgements:

We ,the department of Gastroenterology & Endoscopy (ETC Dhos) Dhulikhel hospital, are extremely grateful to **Gastro-foundation Germany**, **Munich** (**GF**, **Germany**) for their tremendous support and guidance in helping us set up Endoscopy Training Center (ETC Dhos) in Nepal. We would like to thank all the members of Gastro-foundation for your generosity.

Likewise, we would like to thank especially **Dr. Harald Dremel** and his team in Olympus Hamburg, for their extra-ordinary support in helping with repairing and providing endoscopy equipments without which the ETC Dhos could not have rendered endoscopy services to such a number!

Our heartfelt thanks to **Olympus Singapore**, **Hospitech Nepal**, **and ERBE Singapore** for their generous support for assisting all the workshops (HoWEUs) with necessary equipments and skilled staff trainers.

Thank you all our known and unknown well-wishers for your valuable support for this noble cause – "Quality health service for the poor".

Dr. Ram B. Gurung

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Photos from 5th HoWEU and Pathology:

























































