



# Dr. Eliasa Mkongo aus Dar es Salaam/Tansania erlernt die ERCP in Nepal

This is to inform and thank the Gastroenterology Foundation

I went to Nepal on the 11th August 2014 with the support of the Gastroenterology Foundation for 7 weeks.

I came to know Nepal through Dr. Matthias Breidert, who was asked on my behalf by Dr. Hans von Plato after looking for a place to go to accomplish my long time mission to learn ERCP. I thank them both for their quick mind and assistance.

I also thank very much Prof. Meinhard Classen for his support.

I had a wonderful stay at Dhulikhel hospital, which is situated about 30km from Kathmandu. I met people at the department of Gastroenterology who are super energetic all the time. Dhulikhel hospital although is private non profitable hospital but it is the hospital for poor patients. It is this hospital which is referral center for ERCP all over the country even though other people from different hospital can perform ERCP. So a lot of difficult cases are sent to this Unit.

At the moment Dr. Gurung (my teacher) is doing a lot of ERCP in the hospital and in the country. But this gentleman who has been gifted with good skills, knowledge and good heart has been very supportive to other upcoming interventional endoscopist like Dr. Malla (a great surgeon) and Dr. Bibek who is very hard working and cooperative.

The Nursing staff is just so amazing. They are the engine of this fast growing Unit. They have wonderful knowledge about the patients and instruments and taking good care of the endoscopes. From all this what surprised me the most is their knowledge ability. Our nurses could also learn a lot too from these young energetic nurses through same exchange program between these Units.



I have observed, assist and given chances for hands on in many cases but in my opinion I wished I had more time not only 7 weeks. With this it is my wish that I will go back and spend some time again in order to accomplish the started mission. Of course yes, I need to start here back home in order to have continuation of my hands on.

I also had full support from the hospital administration under the leadership of vice chancellor Prof. Ram Shrestha. His feeling of compassion and kindness to the poor people is very promising. I thank him for that.

Like in Tanzania I have again witnessed a very good job done by the German Gastroenterology Foundation in Nepal. On behalf of myself I would like to thank the Gastroenterology Foundation for the support given to me. I am still asking for this support in order to finish what I have started and for my other fellow Tanzanians.

Dr. Eliasa Mkongo

Surgeon and Interventional Endoscopist

Dar es Salaam / Tanzania