



GERMAN VISIT (10 Jan - 12 Feb 2014) **Invitation by Gastroenterology Foundation Munich**

Dr. Ram B. Gurung, CO Endoscopy Department, University Hospital, Dhulikhel Nepal

10th Jan Arrival at Munich I felt fresh and excited on arrival at Munich airport (despite having long and tiring flight delay of >12 hours) when I met Prof Phillip with warm welcome at the airport. I spent rest of the day meeting with nice family at Prof. Phillip's home. Also had chance to meet nice Rotarian friends at a lively (typical) Bavarian restaurant at Freising. Prof. Phillip drove me to Koesching in the evening – my first ever experience of (ultra !) high speed on Autobahn!

11.–19.Jan at Koesching: My first hospitation week with Dr. Matthias Breidert and family. I had a lot to observe and do at the hospital. I also got opportunity to do hands-on experience on endoscopic ultrasound along with performing ERCPs and other endoscopic procedures on my own. The time spent with the family (Dr. Breidert's wife Eva and children David, Daniel and Kim) at home was wonderful! The staffs at the hospital, especially sister Annerose and team were very friendly and caring!



19.–24.Jan at Pfaffenhofen: Along with Dr. Volker Stagge and nice nursing staffs at the hospital, I had chance to observe and learn many procedures. Also had chance to see rectal and biliary EUS; observed and learned several trans-abdominal sonograms with an internist colleague . We also discussed about purchasing endo accessories for Dhulikhel hospital in the future – had direct talk with Mrs. van Erps (representative from Mediglobe). Time spent with Dr. Volker and Slava was nice and will be memorable.



21. u. 22. Jan Erlangen visit: Had two days orientation training on endoscopic documentation at **E&L** office from the experts. Mr. Edgar (CEO) and Mr. Wahl were very friendly and true professionals. My overnight stay at the hotel was very comfortable. Evening sightseeing program to Nurnberg city was memorable too!

24. Jan Attended GF-NepalGroup meeting: Had an opportunity to attend the gastro-foundation meeting at Munich and was nice to see (almost) all the members together, especially Dr. Harald Dremel was kind to brief us about the damaged scopes and provided with two more colonoscopes. Along with discussion on many issues, the date for endoscopy workshop II was also fixed.



24. Jan–02. Feb Hospitation at Erding: Another very fruitful hospitation week with Prof. Riepl. Learned more EUS biliary and rectal with him, hands-on as well. Assisted him on performing my first **DOUBLE BALLOON** endoscopy – was quite exciting! Stay with his family (Enge, Jacob and Ruth) was very nice, indeed. I will also not forget the **TWIKE 99** ride with Prof. Riepl! The first weekend, I also had opportunity to visit Regensburg and hospital in Woerth with Mrs Yetti Mueller and Dr. Sieber. Had a very nice time with them as well.



02.Feb–08.Feb at Memmingen: With Dr. M. Guggenberger, observed and learned many pancreato-biliary EUS and trans-abdominal sonograms. Also had opportunity to see and learn about contrast sonogram which was new to me. Also observed successful ERCP (stenting) with double balloon scope on a post- Whipple procedure patient- was quite interesting! Prof. Pfeiffer was also very kind to explain me about each and every procedures he performed. It was quite an academic week for me, indeed! Knowing Mrs. Ulla (Dr. Guggenberger's wife) was nice - really nice and caring lady! Walking (3 hours) to and from city to Eisenberg under GPS guide was exciting and will be memorable too !



08.Feb–12.Feb at Wessling: My true holidays with Dr. Dirk and Sabine Hagen! I do not know how (soon) these 3 days passed! We did several sightseeing in these three days – visit to Deutsches Museum , visit to mountain (Zugspitze), walk to church (Andechs) with nice foods and drinks were all really nice and will be memorable! It was also very nice to meet families and friends of Dirk and Sabine. Great caring of my time on last few days by Sabine and Dirk!

Meeting with Dr. W. Scharnke at Dirk and Sabine's house was also nice. We discussed on some useful points on future strategies to smooth running and self sustenance of the endoscopy department at Dhulikhel hospital.



Dirk Hagen and I also attended a talk seminar on Helicobacter pylori by Prof. Classen at Munich Technical University. I felt really good and honored to meet and have a snap with Prof. Classen!



12.Feb Departure to Nepal. *Thank you very much all for arranging my trip and providing me with so many opportunities to observe and learn your high quality care of endoscopy practice; and also learn your social and family values, and cultures . I can imagine no better organization of my trip than I had, indeed!*

Dr. Ram B. Gurung

Spenden-Konto: Gastroenterology Foundation

HypoVereinsbank München

IBAN: DE09700202704410219633

BIC: HYVEDEMMXXX

Verwendungszweck: ETC im DHos/Nepal

Bitte Name und Adresse für Spendenquittung angeben

Gastroenterology Foundation e.V.
Vorsitzender: Prof. Dr. Drs.h.c. M. Classen
c/o Klinikum r.d. Isar
Ismaninger Str. 22
D-81675 München
Tel. +49 (0) 89 41402257
FAX +49 (0) 89 41406705
Email: info@gastro-foundation.org
www.gastro-foundation.org