

**6th Hands on Workshop on Interventional
Endoscopy and Ultrasound
(6TH HoWEU)**

26 to 28 Oct, 2018

Organized by:

Endoscopy Training Center (ETC Dhos)

Department of Gastroenterology and Endoscopy, Dhulikhel Hospital, Nepal

In collaborationwith:

Gastroenterology Foundation Munich, Germany

“HoWEU” Workshops

Background:

The **Hands on Workshop on Interventional Endoscopy and Ultrasound (HoWEU)** has successfully been accomplished for the 6th consecutive year. Again, a proud moment for all of us ! **Gastro-foundation Nepal group (GFN) from Munich Germany** eight years ago conceived the idea of forming and continuing an academic teaching activity for Nepalese physicians practicing Gastroenterology and Endoscopy in Nepal has now become an established yearly academic event !

HoWEU 6TH Features:

The **HoWEU 6th 2018**, was organized successfully with the theme: **“Advancement in Interventional Digestive Endoscopy & Ultrasound Imaging: sharing and pursuing the art and science”**. The workshop was attended by the Gastroenterology practicing physicians and Surgeons from across the country. We were all overwhelmed by the growing number of participants from different parts of Nepal who were very keen in learning skills and new techniques in Digestive Endoscopy and Ultrasound.

The **HoWEU 6th** (2018) was conducted for a total of 4 days with its theme : **“Advancement in Interventional Digestive Endoscopy & Ultrasound Imaging: sharing and pursuing the art and science”**. The 1st Day was dedicated to course for Basic Ultrasound. This was an extra basic ultrasound course dedicated to beginners in particular, which was devised with the suggestion from **Dr. Wolfgang Blank** , a very experienced and dedicated DEGUM trainer. The rest of 3 days included extensive course in the form of hands-on practice and demonstration of various endoscopic techniques and ultrasound plus pathology . There was also a talk seminars and inauguration attended by various special guests from both Nepalese surgical and Gastroenterology society in Nepal. The program was inaugurated by the respected vice-chancellor of Kathmandu University- **Prof. Dr Ram KM Shrestha**.

Participants included: Gastroenterologists (Surgical/Medical), general surgeons & physicians, residents in Gastroenterology, and pathologists (both residents and faculties from various hospitals) from different hospitals in Kathmandu and outside Kathmandu attended the event. A total of **26 physicians, 48 Pathologists** and **4 GI Assistants** attended the workshop.

Special Extra Features of HoWEU 6TH :

- **Polypophant, Colophant and Orientophant.** The three endoscopic demo models were unique additions to this year's workshop which was highly enjoyed and appreciated by all the participants. We highly appreciate and wish to thank a lot to **Prof. K. E. Grund, Tübingen** for designing and generously donating these models to ETC Dhos.
- **“Image of the Year” Award:** This Year, as per **Prof. Allescher's idea**, **“Image of the Year”** a competition of exceptional pictures either from pathology, the ERCP, or from an endoscopy of the upper or lower GI-tract, or an ultrasound picture for those interested in photography was introduced. The winners were gifted with prize money by the Gastro Foundation itself. Everybody enjoyed the event and emphasize to continue in upcoming HoWEUs !
- **Poster Award to best articles (Gastroenterology & Pathology) :** Poster Presentation for the 3 best participants also for pathologists was also a highly relevant and appreciable event this year. The winners were awarded with prize money: 150, 100 & 50 EUROS.
- **One day Basic USG Course for beginners:** As per Dr. Blank's idea, the one day basic Ultrasound Course for beginners was held on the very first day of the workshop. The course targeted doctors who are new to Ultrasound.
- **ETC 10 Years – Video:** special thanks to **Dr. Ulf Muller** for his generosity in making video of ETC Dhos. The video making was an another exciting part for the ETC members!!
- **OTSC Training System : Artificial Bleeding.** A very useful innovative model by OVESCO ! Our heartfelt thanks to **OVESCO** for donating us with the teaching model and a set of device.
- **Spy Glass Demonstration:** with generous support from **Boston Scientific**, we could also include and demonstrate SPYGLASS cholangioscope during workshop. We also appreciate very much for contributing financially to sponsoring the workshop as whole.

HoWEU 6th: Faculties

From Germany:

1. Dr.Wolfgang Scharnke
2. Dr.Wolfgang Blank
3. Dr.Ott Roland
4. Dr.Konstantina Tzavella
5. Prof. Dr.Nobert Weigert
6. Dr.Michael Guggenberger
7. Dr.LohtarVeits
8. Dr.Christina Falkies-Veits
9. Dr.Ulf Muller

From Olympus Singapore/Hospitech Kathmandu:

10. Mr.Thiam Aik
11. Mr. Chua Jia Jun
12. Mr.Manoj Acharya

From ERBE Singapore: Electrtocautery Demonstration

13. Mr. Ken Leow

From Boston Scientific: Spy Glass Demonstration

14. Mr.Amar Shrestha
15. Mr.Tarun Nayyar (India)
16. Mr.Partho Banerjee (India)
17. Mr.Sudeep Pandey
18. Mr.Ashutosh Kumwar
19. Mr.Prawesh Koirala

Ovesco: OTSC Demonstration

20. Mr.Devan K.K. (India)
21. Mr.Ram Sharan Malla
22. Mr.Pradeep Rayamajhi
23. Mr.Laxman Rimal

From Nepal:

24. Prof. Dr. Pradeep Vaidya (**President, Nepalese Society of Gastroenterology/ Past president of Surgical society of Nepal**)
25. Prof. Dr. Ramila Joshi (**Vice-president, Nepalese society of Gastroentrology**)
26. Prof. Dr.Mukund Raj Joshi
27. Prof. Dr. Sanjay Poudel
28. Dr.Bibek Kumar Purbey
29. Dr. Ashish Pun
30. Prof. ML Shrestha
31. Dr.Baishali Bhattacharya
32. Dr.Neeraj Joshi
33. Dr. Sandeep Kunwor
34. Dr. Balram Malla
35. Dr.Ram B. Gurung

Nurses from Nepal

36. Ms.SamiraByanju
37. Ms.SakrinaSainju
38. Ms.Sumitra KC
39. Ms.DipshikhaNiroula
40. Ms.AlishaBhochhibhoya
41. Ms.PujaDhoju
42. Ms.Kabita Lama
43. Ms.Anjila Lama

Acknowledgements:

As always, we (ETC Dhos) are immensely happy and grateful to **Gastro-foundation Germany, Munich (GF, Germany)** for your unprecedented support and guidance to us. We would especially like to thank all the delegates members from GFN, and their family members – **Ms Claudia, Ms Ulla, Ms Ursula and Ms Bettina** for making it to Dhulikhel and encouraging us in some way or the other.

Likewise, we would like to profusely thank **Olympus Singapore** and Hospitech Kathmandu for their continuing support with equipments and skilled technician. Our heartfelt thanks once again to **ERBE** , **OVESCO** and **Boston scientific** for their unconditioned help and support. In addition, we also appreciate their role to make HoWEU 6th a unique and innovative workshop !

At this opportunity, we would also like to extend our heartfelt thanks to **Dr. Harald Dremel** and his team **Olympus Hamburg**, for their unprecedented support to ETC Dhos . ETC Dhos will always remain indebted to you !

Last but not the least, our heartfelt thanks goes to all our known and unknown well-wishers and donors for their humanitarian support for this noble cause – “ Quality health service for the poor “.

Please spare some time to have a look on Photos from HoWEU 5th :





Fig: Demonstration of OTSC: OVESCO



Fig: Demonstration of Artificial Bleeding Model for OTSC Training System:OVESCO



Fig: Hands on



Fig: Hands on Polypectomy Model





Fig: ETC Dhos Team!

Happy New Year 2019 !!!